



'Giving Back' this Holiday Season

Happy holidays everyone!

"Giving Back this Holiday Season" is focused on providing simple, healthy recipe packs for families in need. Several different recipes packs have been identified and your child's classroom will be in charge of providing the foods for **only one** of the packs. Each pack is easy to prepare for children and adults and offers fun and tasty foods that meet healthy recommendations from ChooseMyPlate.gov and the Dietary Guidelines for Americans.



Please refer to your child's classroom list of foods (on back) for your recipe pack. Your child's grade level will work together as a team to make sure all the foods are present to make the recipe, so please don't feel you have to donate all the foods on the list. We are accepting donations **Monday, December 4 – Monday, December 18th** providing 3 weekends to shop. Boxes will be outside your child's classroom for easy drop off.

Monetary cash only donations are also being accepted and will be used to help finish the recipe packs, if need be, or be given to families in need to purchase extra food or gas.

Please contact Joan Atkins, Hayden Meadows Counselor at **(208) 772-5006** if you have any questions.

Thank you in advance for contributions!